

*I/V Fredrickson, Megan Transcript Det. M. Poling C27

On November 18, 2009 at approximately 08:38 hours, I interviewed Megan Fredrickson, from James Ray International in the Conference Room of the Yavapai County Attorney's Charging Unit. Present at the interview was Luis Li, Mark Proctor, and Bill Hughes. The following is the transcription of the interview. For complete details please refer to the audio file placed into evidence.

Det. Poling: And let's see, it's November 18, about 08:30 now and Mike it's your interview, so go ahead. Okay this is reference to DR09040205, and I have, is it Megan Fredrickson?

Megan: Yeah.

Det. Poling: Cool, and Mike Proctor, and if I say this right is Luis or Louis?

Male: Luis Lee.

Det. Poling: Got you. Anyways, I guess you know who we are and I didn't get to meet you, I know I have saw you I think outside the building when we were doing the search down there.

Megan: Yeah.

Det. Poling: Anyways if you could just start by maybe some personal information, like how to spell your name, correctly?

Megan: Sure M-E-G-A-N and then FR-E-D-R-I-C-K-S-O-N.

Det. Poling: Megan, do you have a middle name?

Megan: Christine.

Det. Poling: And your date of birth.

Megan: [REDACTED]

Det. Poling: And you go by Megan?

Megan: Yes.

Det. Poling: Okay, call you Megan?

Megan: Yeah.

Det. Poling: I guess I will start by just asking you how did you meet James Ray and get started in his business.

Megan: Sure, back in 2001, the person I am now married to, Joshua and I, we had started network marketing business in Herbalife which is a nutritional products and at the time the person who was our, what they call an up-line or you know our supervisor kind of gave us guidance, he said you got to go to this event it's in Las Vegas and it was an event intended to inspire and motivate their distributors. And so we went to that event and James was the keynote speaker at it, and he did three-hour presentation there, where he invited and shared content and then he invited individuals to sign up to go to the two-day event which then was called The Power to Win weekend and now it's called Harmonic Wealth Weekend and we signed up.

Det. Poling: Now was that in 2001, you signed up?

Megan: Yep, it was 2001 that we signed up to go to The Power to Win, we went to The Power to Win, in 2002.

Det. Poling: And how many events did you go to before you were hired by James?

Megan: I attended five events that were paid, I should say like we paid for them and I Dream Teamed one.

Det. Poling: Okay. So, Power to Win was your first, how about your second?

Megan: And then I went to Quantum Leap.

Det. Poling: In what year was that?

Megan: In 2003.

Det. Poling: And then the next one?

Megan: Creating Absolute Wealth was in 2003.

Det. Poling: After that?

Megan: Legendary Leadership that was in 2004, and Spiritual Warrior in 2004.

Det. Poling: And that was at the Angel Valley Retreat?

Megan: Yeah.

Det. Poling: What brought you to...how did you get employed by James Ray?

Megan: Great question, I sort of rode on Josh's coattail in a sense, because James really wanted Josh to come work for him. Josh was doing freelance web designing work for James remotely from Minneapolis and at some point James said to Josh, what would it take for you move to Carlsbad and work for the company and Josh said, well Megan because she has a great job, she loves her team, she makes a lots of money. So James said, let me get on the phone with her and see what she can do for JRI. And when I spoke with James and kind of told him what my background was and he said you know you could provide a lot of value for our company and then we started talking numbers, you know so what it takes you guys to move out here like that. So I started in the event coordination position through that.

Det. Poling: So you are an event coordinator is what you were hired for?

Megan: Yeah.

Det. Poling: And what is your hire date?

Megan: January, I think 28th, might have been 31.

Det. Poling: 2005?

Megan: Oh, 2005 yes.

Det. Poling: Okay. What training at JRI do you received in reference to sweat lodges?

Megan: I didn't receive any formal training other than going through the sweat lodge myself.

Det. Poling: What experience and training do you know that James Ray has in reference to sweat lodges?

Megan: I don't know, what experience or training he has.

Det. Poling: In 2004, when you attended the Angel Valley Retreat, you were a participant or in Dream Team or -?

Megan: I was a participant.

Det. Poling: Okay. Going through that in 2004, what were you explained, what did they explain you about the sweat lodge?

Megan: I don't remember back that far.

Det. Poling: Okay, anything?

Megan: I think I mean anything at this point would be a guess in terms of what was I told in 2004.

Det. Poling: What did you expect out of it?

Megan: That it would be a cleansing experience and like a physical purging sweat obviously and that it would be very hot and when I did it was you know we were told that it was at night, so I knew that it would be a dark inside and outside. At the time we didn't know like how many rounds it would be or anything.

Det. Poling: Were you told that before... that there would be so many rounds, did they explain that to you?

Megan: James explained what rounds were, so we understood what the process was going to do like, but he didn't ever say how many, we knew there would be at least seven at a time.

Det. Poling: In 2004, when you were going through this, did you go through all the rounds?

Megan: Yes.

Det. Poling: Was there an expectation going into it to complete the rounds?

Megan: Expectation to complete the round? I think if any expectation I had was with myself that I would complete it.

Det. Poling: Is there a benefit of completing the rounds, going through all seven rounds, finishing, completing like the session.

Megan: I would say any benefit is just personal, I guess you know if you go for a run, you can feel good that you didn't stop halfway, you'd finish out round or whatever.

Det. Poling: Going into it, were you told the dangers of the sweat lodge?

Megan: I signed a release form. I don't recall being told anything in particular by James.

Det. Poling: Does the release form say anything about death?

Megan: I don't know what the release form I signed said.

Det. Poling: Okay. Did you read it?

Megan: I am sure I did at the time.

Det. Poling: If you read it, would you be concerned it said the word death in it?

Megan: I don't think so, I mean...

Det. Poling: Why not?

Megan: Because it's a standard release form that you would sign, I mean I've been to different events before where you signed a release form that included anything up to including death, including you know just an event that would be in a meeting room and it doesn't seem likely so, I don't think I would be concerned, no.

Det. Poling: So, you weren't concerned about death?

Megan: No.

Det. Poling: Great. Have you been in any sweats or any saunas or anything prior to 2005?

Megan: Probably like the sauna at my gym.

Det. Poling: Is there a warning label on it?

Megan: I don't know, I have no idea.

(small discussion over "warning label")

Det. Poling: Okay are you, so this cleansing, when you say cleansing, do you mean toxins?

Megan: Yes.

Det. Poling: Or are you talking spiritual cleansing?

Megan: I would say like toxins of very physical purging.

Det. Poling: So, if you sweat, the poisons come out of your body?

Megan: Toxins, I don't know, but it was necessarily for like anything from, like this stuff that comes in your food, it's not healthy for your body.

Det. Poling: Okay. So, if I am getting you right, the release is from the sweat not the spiritual aspect?

Megan: When I hear James talk about it, it's always been cleansing of physical body, a purging, the sweat out the toxins in your body.

Det. Poling: In 2004, were you told before going in that you might pass out?

Megan: I don't remember that.

Det. Poling: Okay. So 2004 you did this, how many other times where you did the sweat at Angle Valley?

Megan: A total of six.

Det. Poling: So, you have done six sweats?

Megan: Yes.

Det. Poling: 2004, 2005, 2006, 2007, 2008, 2009, you have done a sweat every year?

Megan: Yes.

Det. Poling: Okay. And out of those times, did you ever leave the sweat early?

Megan: No.

Det. Poling: So, start to finish all seven times?

Megan: Six times.

Det. Poling: Sorry.

Megan: It's okay.

Det. Poling: What is the difference between the sweat in 2004 and the sweat in 2005, was there any difference?

Megan: 2004 and in 2005?

Det. Poling: And I will tell you what I am getting at, 2004 is your first sweat, 2005 something happened, but I want to know was there anything different about the 2004 sweat and 2005 sweat?

Megan: There were only nine people in 2004 sweat, oh there were 11, there were 9 participants and then James and his instructors of operations. And then 2005, I don't know the specific number but somewhere in the 30s. It was also the year that I was a participant in 2004, we did the sweat lodge earlier in the week, and we did it at night, but it was actually immediately prior to going out on the Vision Quest.

Det. Poling: Okay, so in 2004 Vision Quest came second?

Megan: Yeah.

Det. Poling: 2005, it came first?

(Cell phone ringing, call handled by attorney Luis Li, off tape)

Det. Poling: So, in 2005 there were 30 plus people, give or take, any other differences?

Megan: There was a Dream...oh I think there was a Dream Team at both no other differences that I can think of.

Det. Poling: Did something happen in 2005 that you are aware of?

Megan: Like what?

Det. Poling: Did someone get sick, you know do something out of the ordinary?

Megan: I recall one of the participants following the sweat lodge, acting out.

Det. Poling: Conscious or unconscious?

Megan: Conscious.

Det. Poling: Did he ever go unconscious?

Megan: Not that I am aware of.

Det. Poling: Were you in the area when this was happening?

Megan: No.

Det. Poling: Were you observing it?

Megan: No.

Det. Poling: Did you look...did someone tell you something happened to this guy? Were you aware of anything happening to him?

Megan: Yes. Josh was actually helping him to calm him down.

Det. Poling: Okay. Now, I'm seeing if my bars are going high enough when you talk (Bars on audio equipment to make sure her voice is heard).

Megan: Yeah, so Josh helped him and I recalled Josh telling me that he had been helping attempt to calm down the person.

Det. Poling: During that incident in 2005, what was James doing during, when this was going on?

Megan: James wasn't present.

Det. Poling: Do you know where he had gone?

Megan: I believe he had gone up to his room.

Det. Poling: Were you involved in any discussion with/between James and Amyra, did you hear the discussions?

Megan: No.

Det. Poling: Were you aware of their communications?

Megan: I spoke with them both the next day and they both shared what their experience was.

Det. Poling: What did James tell you about the 911 call?

Megan: About the call?

Det. Poling: Yeah.

Megan: I don't think he told me anything about the call specifically.

Det. Poling: Were you aware of their disagreement between Amyra and James about the phone call?

Megan: No, not a disagreement about the phone call.

Det. Poling: Do you know who called 911 ?

Megan: Well, I know that Amyra gave the go to call, I don't know if she actually called herself or one of her team did?

Det. Poling: You weren't aware of the discussion or the anger that pursued after that? For the 911 call being made these discussions between James and Amyra?

Megan: No, both of them shared with me, the discussion wasn't around the call, it was around James coming to help the participant, so I am not aware of any discussion about the call.

Det. Poling: When you said that, do you mean his lack of or his coming out to the help person, what do you mean by that, that you said there was a discussion about him attending the person?

Megan: That Amyra wanted James to come help, I mean that's what I am aware of the discussion being about.

Det. Poling: Whose responsibility is it if someone is in distress to help that individual?

Megan: In my opinion, it's everybody's responsibility to help someone who is in distress.

Det. Poling: In 2005, you were an employee okay, how many employees were present at that sweat?

Megan: Three.

Det. Poling: Who were those three?

Megan: Joshua Fredrickson, Tere Gingerella and myself.

Det. Poling: And James Ray

Megan: Yes, but I wouldn't consider him an employee.

Det. Poling: An employee?

Megan: Yeah.

Det. Poling: Okay. Was there any discussion from James Ray to tell you who is to attend these people that are injured or need assistance?

Megan: Not that I can recall, a specific discussion. I think we were all aware that it's our job to help in anyway we can.

Det. Poling: How do you become aware that it was your job to help these people?

Megan: Because I am a paid employee of James Ray International where I was at the time.

Det. Poling: So, you are saying you feel it's just your responsibility as an employee to render aid?

Megan: An employee and a human being.

Det. Poling: Are you told or instructed?

Megan: I don't recall if I was told specifically.

Det. Poling: What is your take on facilitator when someone is down or someone having difficulties, why shouldn't the facilitator take care of that situation, why should you take on that role?

Megan: I don't necessarily feel that the facilitator shouldn't, in 2005 James wasn't, he wasn't not present because he had been the first one out of the lodge. So had he been there, he may have helped too, I don't know, that would just be speculation.

Det. Poling: So he was first out of lodge, it was just takeoff and not make sure everyone comes out good.

Megan: In 2005, he left, I don't know that, I mean nothing had ever happened like that before, so I don't think it was a decision from him other than to just go to his room as he had in previous years.

Det. Poling: How do you know that nothing like this has happened before?

Megan: From our group, because I was there in 2004.

Det. Poling: So you can't speak for 2003 and below. 2001, 2002, 2003, you don't know if there had been accidents or injuries or not?

Megan: No.

Det. Poling: Or are you aware of some?

Megan: No.

Det. Poling: Okay.

Male: I am not sure, but I know -- but I think it started the whole sweat lodge thing started in 2003.

Megan: Yeah, I think it started in -

Male: I don't think that was before that, but --

Megan: That was the first.

Det. Poling: As far as James Ray I think it was 2003, it started.

Male: Okay.

Megan: Yeah.

Det. Poling: So, the main part is that you weren't aware of any injury up until 2005?

Megan: Correct.

Det. Poling: When that guy had his, I called the injury --.

Megan: Yeah, I don't know.

Det. Poling: When he had his episode, something happened, something not normal, he went kind of picking crazy, I don't know what you want to call it that he had some type of, incident that occurred that they called 911 for.

Megan: Yeah.

Det. Poling: following that incident, are you trained or was there anything brought to your attention that you know this happened in 2005, what can we do to prevent this from happening in the future, is that discussed?

Megan: Yes.

Det. Poling: And what was the discussion about?

Megan: The discussion was around what can we do outside of the lodge to make sure that people are taking care of.

Det. Poling: What would that be, what policies or procedures or instruction were given for this day?

Megan: There were things that we implemented to make sure people are taking care of like having a Dream Team outside of the lodge, who could attend to people. We moved the lodge to the afternoon, so that it would be light out, because in 2005, it was dark which is you know a lot of reason I didn't see anything that was going on. We provided water outside of the lodge. We have provided towels for people. We put tarps on the ground, so that if people wanted lie on the ground it was safe for them without like those little goat head things on the ground. We provided water with electrolytes in it, now different fruits for potassium. There was a whole bunch of different things that allowed all the participants to kind of get whatever they need, chairs outside of the lodge. We now have team member who was for safe CPR trained outside the lodge. We also have a team member who has been outside the lodge more than once to be out of the lodge, so there is someone outside of it, who has past references of how they can help take care of people and guide the process.

Det. Poling: Was there any research done on why this person had a reaction, besides making sure people get up to have fluids and things like that? Was there any thing then to look into that incident this day, what could we have done to prevent that from happening? Why did that happen? Was there anything done like that to your knowledge?

Megan: Not to my knowledge, but I don't know.

Male: You know it might be helpful, if you could maybe explain just what happened inside the lodge, the last round and this is the last round, not the last round and the confusion and all the stuff that's inside the lodge, because that might help --

Male: In 2005.

Male: 2005 yeah.

Det. Poling: So I did not even know about confusion inside the lodge in 2005.

Male: Yes.

Det. Poling: The first time, I heard about it.

Male: Right, so it might be helpful, if you could sort of hear about this.

Det. Poling: So, what happened inside the lodge in confusion towards the end of the sixth or seventh round?

Megan: I think like I have mentioned, previously James always said, well do at least seven rounds, because we had the tobacco pouches, the rest of seated with seven chakras and things like that, I wasn't sure you have heard about. And in 2005, James had told them you know we will do at least seven rounds. And in 2005, he did more than seven and what I remember of the experience is that the participants who were in the lodge started to get maybe, I don't know if antsy is the right word, but they started to vocalize like you know things like no not another round or let's get out of here or whatever because they weren't expecting additional rounds to happen. So, once James ended the lodge, I think that participants had maybe mentally reached a state of you know let's get out of here. And as far as, I recall there hadn't been any instruction on the proper way to exit the lodge and we had team members who hadn't been instructed about what we needed to do, because they were never being a need for it, like I said there were only nine of us the previous year. So he exited fairly, orderly. But with 30 some people, you know James was the first one out of the lodge and everyone else needed to exit clockwise, yet a lot of the participants just wanted out, so it became very disorderly and very chaotic inside the lodge with people attempting to get out or be the first to get out and people were yelling you know let me out, let me out, and so I stayed in the lodge, recognizing the need for help that someone needed to get everyone out safely and orderly and reminded them you know to make sure that it was a conscious experience that they were having in that you know they weren't just leaving in chaos, so I stayed in the lodge and helped made sure everyone got out properly and that was in 2005. And so when I came out, it was totally dark outside and whatever Daniel Pfankuch was doing you know he was already doing it, and that's why I didn't really see what was going on there. So as a result of that, you know James now has incorporated making sure people know how to exit properly before he leaves he leaves the lodge, he will tell people you know he will

remind them, we are going to exit in orderly fashion, remember to make it you know a sacred experience you know we are going to go clockwise, things like that and the Dream Team members who were in the lodge make sure that everyone exits orderly.

Det. Poling: So everyone assuming in 2005, after 2005, the reason I am confused here is this spiritual event is going into the lodge and coming out of lodge, from what I understand tell me if I am wrong that this is a sacred tradition so, it wouldn't have changed in 2005 to where you can clockwise or not that's always been implemented, hasn't it?

Megan: Yes.

Det. Poling: And if that's changed let me know, I don't understand?

Megan: Well in 2005 from when I remember James had shared with them that any time you move, you exit clockwise, however, before he left the lodge, he didn't remind the participants you know remember to leave in an orderly fashioned, so my interpretation of what happened is that people just wanted out, so they all started rushing to the door, no matter which way it was.

Det. Poling: Is this, what I'm understanding though in the sweat lodge is, tell me if I am wrong, that this is a sacred tradition you go in one way, you come out the other, he always tells people this you know before going to the sweat, is that Am I misunderstanding that.

Male: What Megan saying is that, in addition to whatever the initial instructions there, I thought what you are saying is that there is like a focus on reminding people at the end of the last round inside the lodge, that is what she's saying is different

Male: And people don't always follow the rules.

Male: It's different. In other words, instead of just living silently saying remember it's important that we, I thought that's what she was saying.

Det. Poling: So, that's what's you are saying, he didn't remind them at the end of the lodge to exit a certain way, there were four people now in, he never had 30 people in there, before it was always small.

Megan: Right.

Det. Poling: How about the temperature, is there any difference between the 2004 and 2005?

Megan: I don't remember, it's all hot.

Det. Poling: What are you instructed or what were you instructed in 2004, if you wanted to leave in between rounds, say round four like the flap opens people leave, people come back, if someone who wanted out in middle of a round, what was the instruction given by James Ray?

Megan: I don't remember there being any, and I don't know, that's what I don't remember, yes.

Det. Poling: Okay. What did he say to people that want to leave in the middle of a round?

Megan: That he sets it up as, his analogy is that it's or you know he says it's a ceremony and that you shouldn't interrupt in the middle of the round and he uses the analogy of a church service or sermon. So if the pastor is speaking, it would be inappropriate to stand up and shout to the pastor in the middle of the sermon, hey, I need to go to bathroom or whatever, sort of just wait till that's over and then tacks it as soon as the flap comes up.

Det. Poling: In 2005 when you were at this lodge, did someone want out during the middle of a round?

Megan: I don't remember. I've been in so many of them, so many years.

Det. Poling: Have you ever heard someone, well not say year, someone tries to get up in middle of the round, have you ever heard anyone say, wait till the end of the round?

Megan: Not that I can recall.

Det. Poling: Never?

Megan: No, I mean it's certainly possible, I would also think it's possible that other participants would say that, I don't particularly remember any -

Det. Poling: A person with certain excuse says that someone wanted out and is told, no wait till the end of ceremony, never heard that before?

Megan: Somebody next...

Det. Poling: Right next to you hears the same thing, you didn't hear it?

Male: It would be easy just to ask, I mean I think you are trying to say did James Ray say it, right, so just we are not -

Det. Poling: Did he ever say that, that this is middle of the round, wait till the end, we will let you out at the end of the round?

Megan: I don't recall a specific instance when that happened, but I believe it's possible.

Det. Poling: Why would it be possible?

Megan: Because he shares with them in the setup prior to going in that that it's a sacred ceremony and that it's only appropriate to leave in between the rounds.

Det. Poling: As a participant, did you feel that it was important to finish the round before exiting?

Megan: Yes.

Det. Poling: If you didn't how would you feel, to get up in the middle of the round how would you feel to leave? You are the only one you know you are having difficulties, it's not the end of the round, how would you feel about leaving?

Megan: I would feel fine about it.

Det. Poling: You'd just go in the middle of the round, you'd just take off?

Megan: Yes, for sure, I know to take care of myself.

Det. Poling: In the last, I heard about the training of James, do you know what is training is in sweat lodges?

Megan: No.

Det. Poling: Is there any certificates?

Megan: I don't know.

Det. Poling: You know who is Shaman was or his mentor?

Megan: For sweat lodges?

Det. Poling: Yeah.

Megan: No, not at all.

Det. Poling: Do know he trained them?

Megan: No.

Det. Poling: He doesn't explain to his employees?

Megan: No.

Det. Poling: As an employee you ever asked these questions?

Megan: No.

Det. Poling: Okay. So as far as changes, when we talk about the changes from 2004, 2005, you said that they added the stuff to take care of people when they got out of it, anything in place that changed about temperature inside, was there anything research done on that, on why this person had a reaction?

Megan: Not that I know of. I mean I didn't, of myself, but I don't know someone else may have.

Det. Poling: Any discussion about what to look for when this happens or an emergency or someone passes out in the middle of the round, what are you instructed to do as an employee of James Ray?

Megan: I haven't ever been instructed on what to do, in particular that hasn't ever been in my role in the lodge.

Det. Poling: Whose role is it to monitor the safety of the people inside the lodge?

Megan: I believe it's everybody's responsibility to monitor themselves.

Det. Poling: Have you ever heard James Ray say, when you enter this lodge or enter the sweat, you may pass out, you may feel like you are dying, but you won't, have you ever heard that?

Megan: No, not that I can recall, I know that I have heard him say that you may pass out or you may feel like you are going to pass out.

Det. Poling: What would do if you feel like you can pass out?

Megan: What would I do?

Det. Poling: No, what does he tell you to do, if you fell like you are going to pass out, what does he say after that? Does he say, go with it, you will be okay or does he say, you know make sure your partner next to you, nudge your partner something that you need help, anything like that?

Megan: I know he said before to let us know as in the Dream Team was there.

Det. Poling: But you never heard the expression, you feel like you are dying?

Megan: Not that I can recall.

Det. Poling: You've been with James for a long time.

Megan: Yeah and for me in lot of my experiences I am multitasking and doing things back of the room, so it maybe that I didn't hear it or wasn't entirely focused on what he was saying.

Det. Poling: Have you ever heard him talk about the expertise in sweat lodge when he explained this to the participants?

Megan: No.

Det. Poling: Has James Ray ever told you the affects of body that will occur during the sweat, what the body physically will go through, does he explain that to you?

Megan: In terms of sweating, like your body, you will sweat, your nose will drip.

Det. Poling: Has he ever told you about, if it exceeds a certain temperature, things start happening to your body?

Megan: No.

Det. Poling: No warnings.

Megan: No.

Det. Poling: Completely unaware of what could happen to a body when it's exposed to extreme heat and lack of certain items that body needs, you have nothing instructed on that?

Megan: No.

Attorney: Can we have time-out just for a second?

Det. Poling: Yeah.

(Given a break)

Det. Poling: Medical training, do you have medical training for sweat lodges?

Megan: No, I don't.

Det. Poling: You have, no CPR?

Megan: No. Back when I was in high school, but I don't think it's valid anymore.

Det. Poling: Who at James Ray International has medical training?

Megan: Currently or -?

Det. Poling: Between 2005 and 2009.

Attorney: Right, further can we like start with the '09, the 09' events that --

Det. Poling: Well just if you could, from 2005 to the present how many people and who are they who had medical training?

Attorney: From 2005 to 2009, there have been four James Ray International team members who has gone through first aid CPR training and --

Det. Poling: And their names?

Megan: Joanna Rivera, Carly Shankman, Melinda Martin and Tania Munoz.

Det. Poling: Now, I'll need to jump, I am going to go to 2009, because this is what we are going to talk about, Were any of those four at James Ray sweat lodge event?

Megan: Melinda Martin.

Male: Did she have that training at that time in 2009 sweat lodge?

Megan: Yeah.

Male: In other words, was their training current, is that -?

Megan: Yeah.

Det. Poling: Do you know who gave her the training, what agency is it, the Red Cross, was it the YMCA?

Megan: I don't know.

Det. Poling: And elaborating on that, was there wilderness training?

Megan: Not that I am aware of.

Det. Poling: Are you aware if...does James Ray have medical training?

Megan: Not that I am aware of.

Det. Poling: Do you have any training; does James give you training on sweat lodges? Is it the same thing?

Attorney: Well it's the word training.

Megan: I know what is training.

Det. Poling: Okay, do you receive instruction, does the staff, members of JRI including you, do get instruction on sweat lodges, any instruction on them, what they are about, temperature wise, I know I am asking. Do you get instruction on sweat lodges?

Megan: I received instructions specific to what my role is in the sweat lodge.

Det. Poling: Can you tell me what your role in the sweat lodge is?

Megan: Yes. My role is to sit next to James and to count the rounds that we are on, so that any time he says you know Megan what round are we on, I can say you know we are on round two. I also carry in two different incenses and I give him one on round one and then one on the last round, whatever number that would be. I also have, he likes that I support him there, which for me is just you know I might just put like a hand on him as he was coming to sit back down after putting water on the stones, the stuff he knows, he had some idea of where he is standing, but that's my role.

Det. Poling: Do you keep time?

Megan: No.

Det. Poling: Does anyone keep time?

Megan: Somebody keeps track of time outside of the lodge and this year would have been Melinda Martin. And keeping track of time is just a matter, I mean it's a matter of saying this is about when we started and being able to tell people when they get out, how long of a break they have to clean up and when dinner is.

Det. Poling: Is there a measurement or count, an indicator for each round?

Megan: No. Well I would say it's James, I am not aware of what the indicator is.

Male: Anything you measure, you mean like a time piece.

Det. Poling: Do you know how long the round last, is there specifics, I mean 15 minutes, is it 20 minutes, is it 5 minutes, does it vary?

Megan: It varies.

Det. Poling: It was varying upon?

Megan: James, it's all determined by James.

Det. Poling: So he controls how long each round is?

Megan: Yes.

Det. Poling: No one is outside, is there anyone outside telling him times up?

Megan: No.

Det. Poling: As far as the rocks, I am talking about the rocks in the pit, whose responsibility is it to bring the rocks in?

Megan: There is, well are you talking about 2009 or -

Det. Poling: Does James bring in the rocks?

Megan: Not physically. No, James tells someone outside how many stones he would like and they bring it on a pitch, they bring one at a time, scoot it on the ground with the pitchfork to the door and then the Dream Team member who is to the left of the door will grab the pitchfork and scoot it along the floor till it falls into the pit and then they bring the pitchfork out and do the same thing again.

Det. Poling: So, James requests the rocks and they deliver to his request?

Megan: Correct.

Det. Poling: When between rounds, when you are asking for his rocks, okay, are these rocks extinguished before new ones come in or is there still incredible heat in there. (I should not say incredible heat). Is there still heat coming from these rocks and more rocks are put on top of the rocks. Are the rocks extinguished, do you know what I'm trying, what I mean by that?

Megan: I know what you mean by that, I don't know the rocks stay in there, they stay in the pit, but I have never walked up and felt them or anything before so I don't know.

Det. Poling: Is it giving up heat?

Megan: I don't think I would know, I mean it's warm in the lodge, but I don't know if just it's warm from the atmosphere or if they are still giving out heat.

Det. Poling: Is anyone there to monitor the heat, how hot it is inside the lodge?

Megan: Like with a thermometer, or -?

Det. Poling: Sure.

Megan: No.

Det. Poling: Anything that would indicate how hot it gets in the there?

Megan: No.

Attorney: Any mechanical device, I mean so people know, how hot it is, right.

Det. Poling: Well they don't know how, they don't know --

Male: They don't know the exact temperature.

Det. Poling: Right.

Male: I guess the fair way of asking is, and I am not saying either you guys are being unfair, they are just keeping track of the heat by mechanical device and then their might be keeping the tag of the heat just by getting the feeling of it, and I guess the question is both ways, if someone doing that, it's either of those things?

Megan: It's determined by James, there is not anybody responsible or assigned to that.

Det. Poling: I will explain -

Male: Just to be fair, I mean also people leave, so you know one could say that that person says, hey, you know it's too hot, I want out, so that's why -

Det. Poling: I will explain what I mean, this won't get questioned that I want to explain to you why I am asking these questions so you understand. My understanding of this is the body gets hot and if your body gets to a certain temperature for certain length of time, and if it isn't getting the proper oxygen, your body starts reacting to that. It's some of that reaction, you might be passing out, illusion, it's reaching a point, it's possible to reach a point of hyperthermia. And so that's what I am looking at these questions, is there anything, when I ask these question, it's to see if anyone's monitoring this to see how people are going to react later. See I mean the hotter it gets, the less oxygen, your body goes through a reaction and then something happens. So that's why I am asking these questions, so that you understand why, is there a device to monitor the temperature, is there a knowledge how hot it's getting in there? There is not.

Megan: No.

Det. Poling: And then the time you know --

Attorney: But what would you mean is, when you say how hot, you mean the exact temperature, I mean people do know that it's hot, right. So that's why I want you know because you are saying, is there any way for people to determine what temperature it is, the answer is yes, okay. But what you are really asking and I think it's a fair question, but what you are really asking is, does anybody know that it's a 100 and whatever.

Det. Poling: 105 degrees.

Male: Right and if that's the question then we can narrow it and I think the answer to that is whatever Megan wants to say.

Det. Poling: Is that any time the temperature known, the actual temperature known inside the lodge?

Megan: No.

Det. Poling: Does anyone inside the lodge, who is a Dream Team member or an employee of the company or James Ray himself monitor to see if the temperature has reached a dangerous level?

Megan: Again, I think I mean everyone's monitoring themselves, so it would be a matter of, if they felt that it was dangerous or their perception was what it was dangerous then their monitoring would be choosing to exit.

Det. Poling: Are you told that there is a danger level?

Megan: By whom?

Det. Poling: James Ray. Are you told anything about the temperature, in case if a body is exposed to a temperature over so and so degrees for a certain length of time something can happen to the body?

Megan: I haven't been told that, no.

Det. Poling: Are you aware if James, he has had training to the point where, has James Ray had training in this type of first aid, hyperthermia?

Megan: Not that I am aware of, I don't know.

Det. Poling: Has he gone through the research and discussed that with you?

Megan: I don't know if he has researched it, he has not discussed it with me.

Attorney: Well done on the answers.

Megan: Thanks, to her questions.

Det. Poling: I think some I say some of them fast sometimes.

Male: But that's normal, that's normal -

Megan: It's a good feel to have.

Det. Poling: Before going into the sweat lodge, does James Ray have a ritual that you know of, where he checks it, like a 'pre' before the participants go into lodge; does he do an inspection of the lodge?

Megan: Not that I am aware of.

(Asked some of these questions I've already gone over).

Det. Poling: I asked these, I'm sorry I won't do it again.

Megan: Thank you.

Det. Poling: As far as doctor, does James Ray have a doctor on staff that he uses for his events?

Megan: No.

Det. Poling: Have you ever heard a suggestion that medical would be a good idea to incorporate in this venture, when we do these sweat lodges, (I will rephrase the question), as an employee or anything during your group discussions after events, like a briefing, has anyone said, we need medical personnel, at our events?

Megan: When you talk about the group briefing, are you talking about our internal JRI team?

Det. Poling: Employees. When I'm doing this, what I think of it, I think of a briefing, for instance when a police officer goes into a danger situation and there are several members that are involved in it, we debrief, afterwards we look at different ways that of handling the situation maybe better, differently to change the result. So in 2005, when this person had this incident whatever it was, his reaction, afterwards you might debrief, you might say, you know what, it would be a good idea someone throws in there, Why don't we have medical there for, why don't we get a doctor on staff? Has that type of precaution, has anyone made that and you are aware of, made that recommendation that medical staff should be attending the events?

Megan: Not that I can recall, in regards to this specific event.

Attorney: It's the way that question is asked, I am really sorry, because you have, she has told you this whole list of things that they have changed since. You are really focused on what the conversation took place, and I am just going to pause it to you that many companies are not like you know police department where you know you have a shooting and we have an act after action, we have you know internal affairs guys showing up and doing that whole thing, okay. So, a lot of things did happen, I mean you might ask Megan how did all those things, you know why did you get people trained in CPR, why did you change the thing from day to night, why did you, you know shorten the number of rounds, all of those sorts of thing. You are really focused on you know what conversations took place five years ago and she is telling, she doesn't recall, but that doesn't mean they weren't things that were happening. You see what I am saying? That's why I am saying, but this is one of those things where the records going to end up being inaccurate, because it's going to, you are asking a question that is difficult to answer and

she is answering as best as she can and she is saying you know I don't recall that, but she is also giving in this long list of everything that's happened, you know between 2005.

Det. Poling: But what a safe question be, Do you guys brief afterwards.

Megan: Yes.

Det. Poling: Do you talk about what happened? Do you make suggestions?

Megan: Yes.

Det. Poling: Was there any suggestions made after 2005 when that injury occurred?

Megan: Yes.

Det. Poling: What were those suggestions?

Megan: There were suggestions to take, well one was to move the sweat lodge earlier in the day so that it was light out during the lodge, in that way we can attend to people better outside of the lodge afterward. It allowed us to have the group come back together after the lodge, so that they could debrief their experience. In 2005 that didn't occur, the lodge wasn't like to be the last thing you know a big celebration and it didn't really happen that way. So we said afterwards, well we'll do the lodge earlier and then we will be able to come back together as a group and everyone can share their experiences with each other. And unlike we decided that the following year we would have Dream Team members who were outside the lodge, so that they could attend the participants as they came out and then we worked with angel valley to add different amenities, so to speak, outside of the lodge like a tent, since it was going to be during the day, they would have a tent, so people could sit under it. Chairs, water, towels, tarps on the ground to make sure that the little sticky pricker things weren't in people's feet or if people wanted to lie on ground, they didn't have them on their bodies, all those sorts of things. And then you know later on, there were team members who got first aid CPR certified as well.

DCA Hughes: Well let's see if I can jump in for a second, at any time before the 2009 sweat lodge, were you aware of any conversations involving James Ray, and by involving I mean where he was a participant in the conversation where the need for medical care at a sweat lodge event was discussed?

Megan: No, I was not part of any of those conversations.

DCA Hughes: Are you aware that there were any such conversations?

Megan: Not that I am aware of.

DCA Hughes: Do you know then what conversations occurred, which resulted in people becoming CPR and first aid trained?

Megan: I don't recall there being any conversations other than it was something I decided that my team members would be certified.

DCA Hughes: That was your decision.

Megan: As I remember it, yes I mean I am the one who approved you know the budget for them to go out and have them go find the training.

DCA Hughes: Did you recall what years they got trained in? In other words, did it happen in '05, everybody went or was it couple of people on '05 or couple of people in other years, how did that work?

Megan: There Joanna and Carly were certified together and I believe it was the beginning of the '08, but that for guess, it's in terms of the day. And then Tanya and Melinda were certified at the beginning of spring, summer of 2009 this year.

DCA Hughes: Did you discuss this idea of having people CPR first aid training with James Ray?

Megan: Not that I can recall.

DCA Hughes: Did you let him know you were doing that?

Megan: Yes.

DCA Hughes: Okay. How did you let him know that?

Megan: I don't recall, my guess is, I always had monthly one-on-one with James where I would just update him on what's going on with the team and that would have been inappropriate for him for that conversation that I don't know for sure the date or the time or the setting.

DCA Hughes: Are you aware of any e-mails at your company that discussed CPR training, first aid training or medical care at sweat lodge event?

Megan: No, not that I can recall.

DCA Hughes: Can I ask you what, every company has different culture when it comes to e-mail, some people will walk next door and talk to their coworker, some people will e-mail the person sitting up the desk next to them rather than talk to them. Is there any sort of feel like that in the James Ray Company, is there how e-mail happens?

Megan: Yes, my opinion about it is that we e-mail quite a bit to each other as team members, and you know my guess is that there was probably e-mail between me and team members regarding CPR first aid such as them telling me like what day, what time or maybe how much the cost after the initial conversation happened.

DCA Hughes: Do you believe those e-mails would have been approximately contemporaneous in time with the discussions that you might have had with those employees about getting CPR first aid training.

Megan: Will you repeat that?

DCA Hughes: E-mails with your employees about the CPR and first aid, those verbal discussions happened within a month or two of the e-mails to those same employees.

Megan: Yes, I would believe so that the e-mails followed, yeah we had the conversation and then they followed up and said here is my plan for going, I don't recall ever having an e-mail conversation with James about it though.

DCA Hughes: Okay. I hijacked your.

Det. Poling: Okay, that's okay. During this, right after this sweat, I am sorry about that, where you guys...

Male: I am sorry.

Det. Poling: He confused me. Oh no it's not his fault he just (Inaudible). After the Vision Quest, people were sent out. What are the employee's responsibilities during that Vision Quest. Could you, the employees don't go on the vision quest from what I understand.

Megan: Correct.

Det. Poling: What is the employee's responsibility while these people were out on the Vision Quest?

Megan: Different employees have different responsibilities, so each of the team members had a different responsibility, and if you are referring to 2009?

Det. Poling: Yes.

Megan: So, in 2009, for instance Josh was assigned to be the JRI team member on call for the Dream Team. So if the Dream Team had questions or anything they would call Josh, and he was there for the morning, I don't recall the particular time span.

Det. Poling: It's afternoon, was this narrowed in the evening, what were the responsibilities at the evenings?

Megan: The responsibilities was for Melinda, she was assigned to be the Dream Team on call person, meaning if there were any issues or whatever that the Dream Team had her to go to, so she was on site for them.

Det. Poling: Whose responsibilities at night to be alert or aware holding, I guess they call this, I forgot the name of it.

Male: Holding space.

Det. Poling: Holding space, perfect. Whose responsibility was it to hold space that evening?

Megan: Melinda.

Det. Poling: Melinda alone?

Megan: And the Dream Team, and then as the JRI team member, it was her responsibility to be there on site.

Male: Because I think, just to make a clear, there are employees and then there are Dream Team members who were not necessarily employees, okay were all on the same page on that --

Megan: Correct. I mean we as an employees know that we can hold the space anywhere, anytime, yet we were not assigned the responsibility of doing that at night, Melinda was.

Det. Poling: Where were you that night?

Megan: During what time frame?

Det. Poling: 6 o'clock to 11, I don't know.

Megan: For the most part, it's 6 I had been at Wildflower Bread Company doing e-mail, because they have internet access and then after that Josh and I went to dinner.

Det. Poling: Okay. When you were in the dining hall, the evening when James Ray came out and talked to the individuals in the dining hall, were you part of that?

Megan: No.

Det. Poling: Do you have any knowledge of that?

Megan: Yeah, I have other peoples -

Det. Poling: Who was in that area?

Megan: I don't know fully who was there, I know some people just because they told me their experience of it and what happened, if you want those -

Det. Poling: Were these people supposed to hold space from the Vision Quest people?

Megan: Most of them were. The dream team even was divided into two halves. So there were some who were kind of off-duty in the morning and then it was their responsibility in the afternoon to hold space, present onsite, and there were others who were assigned to hold the space and be present onsite in the morning, and my understanding is that there was a kind of mix of them there.

Det. Poling: So, you weren't there?

Megan: I wasn't there, I was in town.

Det. Poling: Is there a, again maybe this is a bad question, but is there a policy that James Ray has that during this time, you people are out there doing the Vision Quest, that the staff and the Dream Team will not drink alcohol?

Megan: There is a policy for James Ray team members to not imbibe alcohol during events when they are on the clock, supposed to be on duty.

Det. Poling: Did James Ray discuss with you what these people were doing, all of the participants, their journey?

Megan: Yes, the ones who were in the dining hall that afternoon, yes I got the phone call.

Det. Poling: What did he tell you what happened?

Megan: He shared with me that he was in his room, napping, his room was right next to the dining hall, and it was loud in the dining hall, so he went over there to kind of quiet them down and remind them that they should be holding space and do that quietly. And at that time he called me to tell me they were being loud and that had to tell them to be quiet. My understanding then is at that point he had seen that there were bottles there that looked like wine bottles and that one of a Dream Team members had said it's grape juice and so James didn't question it, I mean he knows that it would not be appropriate to be (Inaudible 1:00:52) so he didn't question it. Then sometime later he was going to go to dinner with his assistant and Michael Barber who was the fender of the company and James had a conversation with him and which some you know they were driving out to go to dinner. Somehow it came out, that it was wine that they were drinking and Michael Barber apologized to James and said you know I think everyone just had a glass or less and even I did and I apologize, but James turned the car around and came back to the dining hall and talked with whomever was there, and shared with them that he was disappointed in their behavior because they are in job was to be holding space and be quiet and be respectful of what was going on. And then my understanding and I don't know who was present exactly, you know a couple of names, but I don't know specifically of everyone who was there. Then after talking them he left and went to dinner with his assistant and with Michael Barber and when they came back, and James went to his room, one of the Dream Team members came to his room and said, you know hey can we talk to again and James came back to the kitchen and they all shared with

him, I guess or my understanding is that the Dream Team members and Melinda had stayed after James talked with them, the whole time James was in dinner they had stayed there and they talked about what they were experiencing, what they learned from the experience, what they would do differently and they all wanted to share that with James because they were, they had processed it. So, when James came back into kitchen they were able to do that and everything as far as I know was reconciled and was all good, by the time I got there, it was, anyone I talked with, it was like yeah, wow it was a learning but always good, and there were some good spirits.

Det. Poling: James removed the bottles of wine?

Megan: I don't know, I wasn't there.

Det. Poling: During the sweat, have you ever been instructed, was there, I think you might have asked this question already, but is there an expectation from James Ray, that you are aware of or his participants, to reach a certain level or I mean a certain level as far as spirituality to a point where you will maybe have illusions?

Megan: Gosh, I don't know how to answer that, it's not my understanding or anything that I recall him saying in particular.

Det. Poling: Spiritual is one, you know there is an experience that you can have in the sweat lodge, this is my own understanding it might be wrong, but during sweat lodge, you know some of the spirituality in it is the illusion, things you see spiritually, and is that being explained, does that happen?

Megan: Not that I am aware of. I personally have certainly never had that experience in the sweat lodge.

Det. Poling: Have you seen the waivers or have you not?

Megan: Yes I have seen.

Det. Poling: Okay. Do the waivers say anything about death?

Megan: Yes.

Det. Poling: Are you aware or were you aware, did any one tell you that going to these sweat lodges can cause death?

Megan: Not in any other way than regular day-to-day activities, I mean I am a runner, I run races where I sign release forms that say you could die. I would never expect to.

Det. Poling: Like into that thing (Inaudible 1:05:34) who designed that form that waiver, is that -?

Male: I think it's just bear to say, I will just say it was probably done in consultation with lawyers, so beyond that I think (Inaudible)

Det. Poling: To your knowledge is James Ray aware that death can occur to your knowledge? I don't know.

(Overlapping)

Male: You know what really if you know and that will be based on your conversations with him and obviously you are talking about before this incident, because that would be now -

Det. Poling: Now you know that death is possible.

Megan: Yeah. My understanding is that we are all aware that death is possible at any given moment, and there is no indication to me that James has ever believed that anyone could die from any of the activities we do at our events other than the possibility that we have in any given situation, just loitering that we might fail to exist.

Det. Poling: As an employee you don't know about any research done on hyperthermia?

Megan: No I don't know of any.

Det. Poling: Did you know what hypethermia was?

Megan: I know from the roots of the word, I can discern hypethermia is.

Det. Poling: Do you ever associate it with sweat lodge?

Megan: No, I never heard that terminology in association with the sweat lodge before.

Det. Poling: What is your definition of the hyperthermia?

Megan: Increased body temperature, which I mean in this instance, I would say that you are saying it's increased above a certain level and I don't know that particular, I am aware of hypothermia and just process of deduction to --

(Overlapping)

Megan: Two degrees and sunny

Det. Poling: Got you. I want to ask you about one incident six months prior, this should be and I don't know what the name of it, Colleen, her name was Colleen, is there a reason, no I want to ask that way, were you aware, when did you become aware of that Colleen commit suicide or fell from the building whatever we want to call it, when did you become aware of it?

Male: Can we take the time out, I want to go the restroom?

Det. Poling: Tell me about the event in San Diego, I believe it was April of 2009.

Megan: It was in July of 2009.

Det. Poling: Thanks for correcting me.

Megan: My pleasure.

Det. Poling: What was that called?

Megan: Creating Absolute Wealth.

Det. Poling: Okay.

Megan: And he just wanted me share a little.

Det. Poling: What happened?

Megan: The story?

Det. Poling: Yeah.

Megan: And I am guessing you are asking in reference to Colleen Conaway and how that unfolded?

Det. Poling: Right and I don't know what you got, could you just tell me what it's about and what's happened?

Megan: Sure. The event itself is primarily for the purpose of helping people grow and develop like all of our events are, but really around the idea of abundance and resourcefulness. So the idea of absolute wealth is really saying that you have the ability to create whatever you like in your life. And the idea of resourcefulness, meaning that everything that exists around somewhere and you have to become resourceful to find it. And so during the event, it's a Friday, Saturday, Sunday event and on Friday, the day is primarily content until you know it's James on to stage, content exercise of activities you know groups interact with each other, other participants interact with each other. And then on Friday night, we do a charitable activity and so with the groups that we had in July for all the activities that we did offsite, we took three different buses and went three different places. And no, we probably had six buses, but in any case we always put the groups into three different places just to make, to allow it to be more manageable. We also would divide the JRI team members and we divide Dream Team members so that there would always be people at each place. Friday night, we do a charitable activity, a couple of the groups went to Boys and Girls Club and provide like a party for the kids. And the groups that I went to, I went to South Bay Community Services which

is a shelter for battered women and children and we through them a party. So it's really about stepping into other people's shoes and experiencing what it's like to be them and allowing them to provide an experience for them. Saturday, there is more content in the morning or James presenting from stage. Around 11 o'clock the participants are invited to do a Trust Walk, which is held on property there, they divide into partners, one partner gets blindfolded, the other partner leads them around and they don't talk, so it's just a lesson of trust and allowing you know a nonverbal communication, to see what they can achieve even without word. And while that's going on or I guess when they come back from the Trust Walk, then James sets up this next experience that's going to the offsite and the experience is one where he encourages participants to become resourceful and what he shares with them is that they are going to get on a bus and they are going to go downtown and again it's three different locations in downtown San Diego. And he shares with them, that it's their opportunity to become resourceful and so and doing so, what he invites them to do is to wear different clothes to take off their make up to not bring any of the personal belonging with them, you know no first aid, no cell phones, no watches, no ID, now that he invites them to either live in their hotel room, if they are staying there or in the car if they are staying there or he says you can get two of our team members in the back and put it into a bin. Excuse me, too much talking. And then we lock the room, so that's safe inside. And we provide different clothing for them and the clothing is, I mean there are 150 participants or whatever, so the clothing is just kept in bin and it's all cloths that we bought from like to goodwill for whatever and they pick different clothes and they go up to room or the bathroom and they changed and they wash off their makeup. And then they all, James, you know poses to them, you are going to go to downtown location and it's your opportunity to make, create your experience what it is that you want to create today. And he really leads that up to them and what they want to do, but he does challenge them to find their own lunch, find water, find a bathroom, the things that you would kind of do on a normal basis, but can you do this without the persona that is you, can you do it without a credit card, can you do it without your makeup, can you do things like that. And so they get on the buses, we go again everyone kind of divided out to different downtown locations, one is Balboa Park, one is Petco Park, and one is Horton Plaza and they are all relatively close, but far enough so that we don't have all our participants in one area. And the JRI team members you know split up on those buses to go with them, they are each assigned and Dream Team members do it well.

Det. Poling: Can I stop for a second, I mean I don't know if you guys know San Diego geography and what have you, about Balboa park, Petco Park and Horton Plaza, but it's not skid row.

Megan: Oh, no, it's Horton Plaza like a shopping mall area and yeah --

Det. Poling: I've been there, shopping, expensive.

Megan: They are all really nice areas and it's around like 12:30 or 1:00 o'clock that we go, so it's bright and sunny outside. And the Dream Team members still have their blue shirts on, so they can be spotted you know if anyone really wanted to find help or

whatever, the Dream Team member is there with their shirts on. And as the participants exit the bus, they are given their emergency cell phone card and that's the cell phone of one of our JRI team members, so that if they needed to get a hold of anyone for any reason, they you know forgot the drop-off point or whatever, they could call that number. In my experience in previous years, all participants approached it in a myriad of ways. Some participants feel like they are homeless, so that's the experience they choose to have. They will sit on a park bench, they will talk to other homeless people you know they will beg for food. Some participants they elicit my opportunity to rebuild myself and so they will go to a department store, they will ask for new clothes, they will come back to the bus with you know their hair done, manicure and in business suits. Some participants say, well I am going to go get a job and see if I can get a job like this. And we have had people who were offered employment, we have people who just connect you know they go meet other people and learn other people's stories. So it's really whatever the participants choose to make it, and everyone always had very different experiences. I was at Horton Plaza this year and I actually had lunch with a friend of mine, there James was in the Horton Plaza area as well, he had lunch with the Dream Team members who wanted to have lunch with him, who were also in Horton Plaza. And I heard about somebody falling from Horton Plaza, I don't know what story it was. Probably about an hour after I had been there or so, and didn't know anything about that it wasn't going on when I was there, no one ever came to tell me, I just heard about it from another team member. And so, we went ahead and we facilitated our you know activity as we ordinarily do and I mean it never occurred me that it might be someone that I knew nor was there anyone present you know I didn't, there was nothing there to look at, I guess to what I am saying. We conducted the rest of that activity as we would, and it's only, the event itself or that activity was about two and half hours that they are downtown and then they meet back at the bus where they originally got dropped off. And on one of the buses that was at Horton Plaza, there was, I believe two people missing and I maybe wrong but we always have a team member who has driven to each of those locations, who if the bus needs to leave at a certain time, so that we can take care of the rest of the group and keep them as much on schedule as possible, that personal will park there car where the bus was supposed to drop off, so that there is always you know a backup plan and they will wait until someone comes. In Horton Plaza you know there, we discovered that Colleen was missing or she didn't return to the bus. Now in the past, we have had situations where the person lost track of time and they called us 45 minutes later, and said oh by the way, I am at Jack in Box on 11th Street, can you pick me up. We have had circumstances where the participants thought the activity was about how do get resourcefulness, to find the way back to the hotel, they get a cab ride or you know it's how they play the game or how they live out the activity, so we have had participants who were just at the hotel once we get there. We have had participants who have gotten on a different bus before and gotten back to the hotel in a different bus. So it wasn't necessarily a red flag for us, we are aware that there was somebody who we haven't found yet and we had a team member who was waiting there in her car and the rest of the buses went back to the hotel. And I guess that at some location there was a couple other people who were missing, so to speak, who haven't returned to bus. So our team members were just there to pick them up and they ended up you know at some point, we took a couple of people back in car, not we, but the team members took people back in cars. The rest of the buses arrived

back at the hotel, the participants went and changed, they came back to the meeting room, they shared some of their experiences on Mike and then we got right back on the buses again for another activity. And it's all very whirl wind very fast. You know people are coming back with the clothes that they borrow, they are putting them in a pile, and the Dream Team is just getting the clothes put away and things like that. We got back on different buses again and the participants got back in the buses, and the next activity was to go to three different locations again, La Jolla, Rancho, Santa Fe, Del Mar and the activity this time is to do with scavenger hunt and it's called Survive or Thrive and the idea is that you get you know slight little cage, you get a list of scavenger hunt items and you get certain points for certain items and you play the game however you would. Some people go to residences, some people go to businesses, some people think we are just going to find stuff on the street, or they will dig through trash cans, it's all about how do you, you know show up, I guess is the terminology how you play the game.

Attorney: What was the third location La Jolla, Ranchos, Santa Fe and --?

Megan: Del Mar.

Attorney: Del Mar.

Megan: Yeah, again, our team hasn't even really come back together you know done any talking or anything, we are making sure that the other 100 or some people are where they need to go and very logistical about it. And once we get to those sites, you know we have the participants got off the bus, we gave him their sheets, scavenger hunt sheets and again Dream Team would be blue so they can be found if they need to. And we allowed them to do that activity and that activity is generally about an hour and half maybe two hours. Again it all kind of depends on the schedule because we have a dinner schedule that night at the hotel, so we kind of have to flex times. By the time that time that we got back on the buses from that activity, we as a team were calling each other saying, hey we are still missing Colleen, no one have seen her yet, what do we need to do and that was the first time that it ever happened where we haven't seen someone come back. So one of my team member who is in charge of first aid at the event who was Joanna Rivera, I gave her the task of, once we get back to the hotel, you know talk to the hotel see if she was there, she had a room there, start calling other hotels, things around like that. Nobody made the connection about Horton Plaza at that time. We were just like how do we find her and make sure she is okay. We thought you know maybe she was just this event isn't for me and I want to go back to my hotel room. They attempted to call her cell phone thinking that if she had her belongings with her then, you know if she had gone back to her hotel room, kept her belonging there that she had her cellphone with her. They couldn't find, they started to making those calls, they couldn't find her as she registered in any hotel in the area and so at that time, it was kind of convened or we had convened as there were about five of us on the team and I don't know who had said it, but someone mentioned that there was a woman who had fallen off of, whatever you know the wall at Horton Plaza lets call hospitals, and it became a matter of we need to do whatever we can do to figure out where Colleen is. And at some point, while these calls

were being made, I thought well we can't find her in a hotel room and she is not picking up her phone, which we think, maybe she left her stuff with us in the hotel room, so I went through the belongings that were in the meeting room and found her purse and her cellphone within there, so she had left her stuff with us. And one of my team members had gotten a hold of someone in the hospital who had described what she looked like and they were kind of starting to put together the pieces, but there wasn't anything to tie the two together, I mean without physical evidence or a photo, we still really couldn't figure anything out. At the same time while this was going on, we were supposed to be or we are conducting a dinner for the rest of the group, so as a team you know James pulled me aside and said hey you guys can't all be in the meeting room figuring this out, make sure there is just a couple of people assigned to it and then the rest of the team needs to take care of the other hundred and some people who were here, and make sure dinner is served and then that the activity is going and things like that. So I had two of my team members stay in that meeting room and keep working to figure out what they could. They took her license, they faxed it to whoever the police or the medical coroner or whoever they were speaking with and they said you know what we think this is her, but I think there was a weight difference, a pretty significant weight difference or something. So they actually ended up, the medical coroner whoever was investigating it came over to the hotel with like 8 x 11 photograph that one of my team members identified as being her and at that point that's when we knew for sure that that connection was there, that she was the one who died at Horton Plaza and that was probably 8 o'clock on Saturday night, that that was confirmed and at the time we talked with medical coroner and said what do we need to do as a team and they said, don't do anything, we need to talk to the family. So, you know we obviously made sure that they had her phone numbers and things like that, but they said you cannot talk to family and you cannot share the information until the family has been contacted. So I mean at that point you know we got on the phone with our attorney and -

Det. Poling: Okay.

Megan: Not Louise, and from there got guidance from them.

Attorney: Why don't you let the detective ask follow up questions, because I'm sure he has some.

Det. Poling: I don't have a whole lot.

Male: Okay I just wanted to close up loop with you guys, you had asked me this is one of the things, there is a couple of things that you have asked me it is true that at this point they had lawyers involved and you know they got a lot of legal advice, what appropriate response to this particular you know incident was.

DCA Bill Hughes: Okay, And obviously anything after the lawyers get involved not fair game for questions.

Det. Poling: Okay if I reach us and look at him first and they will say don't answer that question, I mean, you know stuff that I am not supposed to, but this activity that you did Creating life whatever it was -

Male: Creating Wealth.

Det. Poling: Creating Wealth, whatever. And this has been done since when? Have you got another one of these events?

Megan: No.

Det. Poling: Is there, who knows where the future is going to hold that again, so I asked this question. Before the lawyers were involved, was there discussion on what you can do to change things, certain things like this don't happen, people get lost or people are accounted for you know their precaution?

Megan: There had been a lot previously which is why we had all the measures in place.

Male: You forgot one, I mean I think there is something about the name tags.

Megan: The name tag, yeah when the participants get on the bus at the hotel before we go out to the activities, they hand their name tag to a Dream Team member and that way, so the Dream Team member in the bus has it like a tray of name tags that they you know alphabetize them to have it orderly, so that when the activity is over in the case of the downtown San Diego activity, when that activity is over and the participants are being back on the bus in downtown San Diego, they each grab their name tag if they are getting on, and they you know that way we know very easily do we have everyone or do we not. No this person is missing and you know we have team members on cell phones and we call each other and all that and they have buddies too, so if there is a buddy missing, the buddy comes to us, and says hey, you know Jack isn't here yet.

Det. Poling: Who is Colleen's buddy?

Megan: I don't know.

Det. Poling: They have buddies, does the Dream Team member know the buddies or if someone is missing, they can ask that buddy or is that just somebody randomly picked up buddy on their own?

Megan: They pick a buddy on their own, and they sit with them on the bus, and the Dream Team member when they are on the bus says, does everyone have their buddy, and they say make sure you know your buddy and what they look like, things like that.

Det. Poling: What's responsibility of the buddy?

Megan: The buddy is just to alert the Dream Team if their buddy is missing, their other buddy.

Det. Poling: So, they are together during this event?

Megan: No, it's once they get back on the bus, they can't get on the bus without their buddy, even.

Det. Poling: And you don't know who that person was waiting for their buddy that didn't return to the bus?

Megan: No, I don't remember.

Male: Or you wouldn't know that?

Megan: Yes, yes she waited outside the bus, because they would wait with their name tag outside of the bus, they got together, yes.

Det. Poling: And their buddies?

Megan: Yeah, she had dark hair I don't remember her name though.

Det. Poling: Why do you take their cell phones, yet give them an emergency cell phone card?

Megan: We don't take their cell phones. They are offered, James invites them, again all of our activities, it's an invitation, people don't have to participate if they don't feel comfortable with anything at the event. And so James says this is the activity and if you want to play here is what you do, and so if there is cell phone they may leave them in their room and they may leave them in their car, they may put them in the back of the room because they are choosing to participate in that way.

Attorney: I mean have you ever had anybody take his cellphone anyway?

Megan: Probably, but we don't check people, so if they put in their pocket we wouldn't know. And in terms of why we give them the card, which is the other half of your question, because again the activity of an exercise and resourcefulness, and if you are in downtown San Diego and you need to make a phone call, there is a whole bunch of store, you know the guy to your left who probably has a cell phone, there are pay phones if you can get whatever it costs 35 cents now.

Det. Poling: And you guys were out there at Horton Plaza, you said it was on your bus that Colleen was on.

Megan: She was in my, I wasn't actually on the bus, she was in my group, I went to Horton Plaza, but I actually had to drive because the buses were full.

Det. Poling: So, whoever is responsible for the team, I mean was there with their team or they eating inside of a restaurant?

Megan: They are eating in the food court of Horton Plaza, I don't know what the other groups have done, they were visible, they were bright blue shirts, I mean really if a participant wanted just stay within eye shot, if they wanted to stay close they could.

Attorney: Mike, we need to leave in five more minutes-

Det. Poling: We will be done.

Male: Okay.

Det. Poling: Go ahead.

Male: I don't have, I just want to let you know.

Det. Poling: Please give me time.

Male: I mean you guys can keep going, but I understand that it would be best if I am here.

Det. Poling: These are just extra things that I wanted on throughout the day, so I figured what's happening here, but no, okay. What is told going on to this journey about holding your identity, you know what I mean this when you go on this adventure, what I was told is that you are no longer who you are, you are now a homeless person or you are a different identity, what is told to hold your identity, do not release your identity, and I -

(Overlapping)

Det. Poling: And that's why I am asking the question this way, if somebody says, we are supposed to hold our identity, we are not supposed to, and this is why I am asking the question is because there is an eyewitness to this event, he saw this happened. They didn't even give their real name, because they were holding their identity as this homeless person. So they tell police, I am homeless John Doe or whatever when realistically it's a doctor from somewhere or whatever say profession he is from, what is that comment, hold your identity something that is said, that makes these people secretive in that manner.

Megan: Yeah, the comment is unfamiliar to me in terms of holding your identity what James invited them to do, is again to kind, and simply in my words, but to start over as this person and to be resourceful that day.

Male: I mean, but more to your point, I think you need to recognize that there are 150 people here, who are going to interpret event in their own special, you know their own individual way. So for instance, some people are really going to say, I am a homeless

guy, this is my dig, okay. Other people are going to say, let's see if I can get a job or I am going to get my hair cut or I am going to see if I can get food or whatever it is okay. And so you know because one guy says that you know I am going to hold my identity being a homeless guy you know I will bet you that the guy who went to get a job you know or that you would be the kind of guy who would be able get a job, you know I don't think he was sort of put on the stuff and then go kind of shamble around and trying you know what was me, I mean that's the point of that exercise.

DCA Hughes: Let me ask you this so are the participants ever told don't tell people out in the public that you are on that event or like this?

Megan: Good question, because I don't know the exact wording of it, but they are told to have their own experience and so they are encouraged not to, and for me, I am only thinking more of the scavenger hunt activity you know -

DCA Hughes: I'm referring more to this incidence where they taking into the location before the scavenger hunt.

Megan: Yeah, I mean they are encouraged not to say hey I am in the seminar and I am wearing different clothes for this purpose.

DCA Hughes: That would defeat the purpose of the seminar.

Megan: Yeah, but again there are people who do, there are plenty of participants who have done that, and so if I am really healthy what their perception is and how they chose to play in that activity, I mean there are people who go sit on a bench and don't talk to anyone for two and half hour and watch the seconds tick by. And so if there is someone who saw it and chose to show up as homeless person with no identity that I would say that was his choice in that moment, but there could be someone who was there, who said man, I am a doctor, I am going to get in there and I am going to help, so I mean there is always that choice of am I going to, how am I going to show up or what I am going to do, what am I am responsible to.

Attorney: And it's a game, I mean it's like the scavenger hunt, you know these are people who come to a conference center.

Det. Poling: Samurai game, are you familiar with the Samurai Game.

Megan: Yeah.

Det. Poling: Do you know where the Samurai Game come from?

Megan: I have been told by James, that when he was in the AT&T School of Business, other than I don't know where it came from.

Det. Poling: Are you aware of the techniques that James Ray used in his seminars, does he use some type of Linguistic or subliminal messages in his training?

Megan: Not that I am aware of, I know that James has been trained in NLP, Neuro-linguistic Programming and that I mean he has had a variety of different trainings from different places, so I think the techniques that he uses are more what he has integrated from all of his experiences and made his own style.

Det. Poling: If I hear you right. James has told you what he has accomplished, but have you seen anything, certificates or anything that would back that.

Megan: No, certificate that I can think of right now.

Det. Poling: When you worked for James and in your adventures, when I say adventures, going to different events, do you believe that James has your best interest?

Megan: Yes, I believe --

Det. Poling: Do you feel you are safe?

Megan: Yes. I have always felt safe.

Det. Poling: I am thinking I am coming to the end here.

DCA Hughes: Let me ask this six million dollar question if I can, you have been in sweat lodge, six of them now, correct?

Megan: Yeah.

DCA Hughes: Do you know what went wrong, if anything went wrong this year, what's your theory, why people die this time, and it didn't ever happen before?

Megan: Man, I wish I knew, I really hope that there is an answer, because I mean I feel like there is got to be something that went wrong. The lodges as far as I have experienced them have all been fairly similar and I think it's a freak accident and absolute tragedy and I hope that there is any answer.

DCA Hughes: Did you feel that it was hot in there this time as it was last year and the year before?

Megan: Yeah.

DCA Hughes: Were there about as many participants this year than prior years?

Megan: There is pretty significant number of less, about I'd say 15 to 20 fewer in 2009 than 2008.

DCA Hughes: Okay. Mike do you have anything else?

Male: No.

(Inaudible)

Attorney: No I am fine, can we go off record, I want to make -

Tue Feb 16 10:13:10 MST 2010
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